



Jay McDonough
Hartford VT Park & Rec
Quote# 8726

Day 1

- 4:00 pm Arrive any time after 4pm. Hand in waivers.
- 6:30 pm Pizza Buffet with fries, salad, fountain drinks, and ice cream sandwich dessert
- 7:00 pm Free time at the Adventure Center
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| Swimming Pool | Hot tub | Hiking Trails | Canoes |
| Disc Golf Course | Game Room | Basketball Court | Volleyball Court |
- 10:00 pm Swimming Pool and Hot tub close for the evening
Bunkhouse lodging (you provide sleeping bags and pillows)

Day 2

- 7:15 am Breakfast buffet Scrambled eggs, sausage, pancakes, home fries, cereal, fruit, oatmeal, coffee, juice, tea, hot cocoa
- 8:00 am Morning Greeting and orientation for 2-day raft trip
Pack personal gear (we provide tents, sleeping pads, dry bag, and group gear)
- 8:45 pm Depart for Moosehead Lake and the outlet to the Kennebec River
Rafting consists of small self-guided 4-man rafts on introductory rapids. Guides facilitate instruction and guidance for whitewater paddling from kayaks. Motor boat shuttle to our remote campsite on Indian Pond, the man-made impoundment for generating Hydroelectric power.
- 2:30 pm Arrive at the campsite, get settled into tents. Enjoy Stand Up Paddleboards, swimming in the pond, snacks and get ready for a chicken and ribs barbecue cooked over the fire.
End the day with a wilderness sauna and S'mores by the campfire

Day 3

- 7:00 am Pancakes, Scrambled Eggs, Sausage, Juice, Coffee, Cereal, Fruit, for breakfast on the pond
Pack up for the shuttle to Harris Dam
- 8:15 am Depart for Harris Dam
Receive an orientation for the class III-IV rapids of the Kennebec River gorge below Maine's Largest Hydroelectric facility and take a tour of the facility.
- 10:00 am Begin 12-mile descent of the Kennebec River with class III-IV rapids during the first 5 miles. Inflatable kayaks and swimming while floating the calmer more scenic lower portion of the river. Drinks and snacks on the lower river.
- 1:30 pm Return to Adventure Bound for a chicken barbecue prepared by your guides.
Lunch will be served on the river if weather permits.
- 3:00 pm Trip photos will be available that afternoon or evening: <https://adventurebound.smugmug.com/>
- 4:00 pm The trip concludes. Depart at your leisure.